

Peru Packing Checklist

****Note:** If you also booked a hike, please remember to print the packing list for your hike.

Luggage		
Luggage w/Wheels or Duffel Bag w/Shoulder Strap	When you go to Machu Picchu, this bag will stay at your hotel in Cusco or the Sacred Valley	
Backpack - Up to 24 L Women / 28 L Men	The smaller, the better. Bring a rain cover or trash bag.	
Should bag / carry-on bag	Enough to pack for 1-2 nights.	
Passport Pouch	Recommended to be carried under your clothes. YOU CANNOT ENTER MACHU PICCHU WITHOUT YOUR PASSPORT.	
Clothing		
Comfortable hiking boots or sturdy walking shoes (water resistant recommended)	Sturdy, grippy sneakers are fine. Extra shoe laces are recommended.	
2-3 pairs long pants	Suggest 1 pair of convertible pants.	
2-3 t-shirts and 1 tank top for women	Casual clothing is acceptable in all restaurants in Cusco.	
2-3 long-sleeved shirts		
1 pant, 2 t-shirts, 1 L/S shirt		
1 sweater or fleece pullover		
5-6 underwear / 5 pairs of socks		
1 set warm sleep/loungewear		
Water resistant lined mid-weight jacket or vest or both	Not windbreaker style.	
Rain jacket with hood or poncho	Poncho can be used to cover your daypack, if needed.	
Hat or cap to protect from sun		
Warm hat	Can be purchased locally.	
Sunglasses	Polarized sunglasses are best.	
Toiletries		
Travel-sized toiletries kit including sunscreen & lip balm	Hotels will provide basics.	
First aid kit including pain reliever		

Women - double monthly supplies	Altitude can trigger changes in cycles.	
Extras		
Alarm Clock	Alternatively, use your cell phone as an alarm clock.	
Rain cover for backpack	You can also use your poncho.	
Camera and/or small video camera with protective case	Bring extra memory cards and batteries.	
Small extension cord for hotel rooms		
Plug adapter		
Water bottle or bladder	Purified water can be purchased cheaply. Alternatively, bring a purifying device.	
Plastic bags for laundry/wet shoes	Small Ziploc bags are handy to have.	
Spanish Dictionary/APP	Optional - all guides speak English.	
Electric travel size hair dryer with 2 prong adapter, if needed	Provided by most hotels. If you must have one, it's best to bring your own. Hotels may be hit or miss.	